

# Marilyn J. Monteiro Ph.D.

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## Suggested books to discuss the diagnosis with children:

*To Be Me: Understanding What It's Like to Have Asperger's Syndrome*  
by Rebecca Etlinger (Author), Mark Tomassi (Illustrator)

This is a great book for 2-4th graders to read on their own.

*What is Asperger Syndrome, and How Will it Affect Me*  
by Martine Ives

This is a good one to read and then go through with the child jointly.

*Different Like Me; My Book of Autism Heroes* by Jennifer Elder (Author) and Mark Thomas and Jennifer Elder (Illustrators):

This book is good for children ages 9-12. It includes Albert Einstein, Nicholas Tesla and Temple Grandin as examples of accomplished individuals with autism spectrum disorder differences.

*Freaks, Geeks & Asperger Syndrome: A User Guide to Adolescence* by Luke Jackson.

Written by a 13 year old with Asperger's Syndrome, this is a great book for pre-adolescents and adolescents.

## Workbooks that have some helpful parts to complete jointly with children and adolescents on the autism spectrum:

*I am Special: Introducing Children and Young People to their Autistic Spectrum Disorder* by Peter Vermeulen (Author)

*Asperger's...What Does It Mean To Me?: A workbook explaining self awareness and life lessons to the child or youth with high-functioning autism or Asperger's.* by Catherine Faherty and Gary Mesibov.

## Websites with helpful information about sharing the diagnosis with children and adolescents:

[www.autismbookstore.com](http://www.autismbookstore.com)

[www.thegraycenter.org](http://www.thegraycenter.org)

[www.jkp.com](http://www.jkp.com)